

# Dance: Dance for Theatre

## Creating

- 1 Demonstrate an understanding of creative/choreographic principles, processes, and structures.** DHSDT.CR.1
  - a Identify the elements of choreography. DHSDT.CR.1.A
  - b Discuss ways to document dance choreography (e.g. photography, video, writing computer programs). DHSDT.CR.1.B
  - c Manipulate the elements of personal choreography. DHSDT.CR.1.C
  - d Recognize a variety of structures and/or forms (e.g. AB, ABA, canon, call-response, narrative). DHSDT.CR.1.D

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- 2 Demonstrate an understanding of dance as a form of communication.** DHSDT.CR.2
  - a Recognize how choreographic structure is used to communicate meaning in a dance. DHSDT.CR.2.A
  - b Demonstrate the use of theme through movement. DHSDT.CR.2.B

## Performing

- 1 Identify and demonstrate movement elements, skills, and terminology in dance.** DHSDT.PR.1
  - a Execute an introductory level technique-based warm-up in ballet, modern, and jazz dance related to strength, muscular endurance, and flexibility. DHSDT.PR.1.A
  - b Demonstrate an understanding of basic dance terminology and technique. DHSDT.PR.1.B
  - c Develop focus, control, and coordination in performing introductory level combinations of locomotor and axial movements. DHSDT.PR.1.C
  - d Demonstrate kinesthetic awareness through body parts and isolations, and connect the body to one's kinesphere. DHSDT.PR.1.D
  - e Demonstrate the ability to transfer weight, change direction, and maintain balance. DHSDT.PR.1.E
  - f Identify dance vocabulary from codified techniques. DHSDT.PR.1.F

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**2 Understand and model dance etiquette as a classroom participant, performer, and observer.** DHSDT.PR.2

- a Demonstrate attentiveness, focus, concentration, initiative, and self-discipline when participating in the dance learning environment. DHSDT.PR.2.A
- b Demonstrate concentration and focus, and help to maintain a respectful performance environment for others. DHSDT.PR.2.B
- c Exhibit ability to perform with focus and concentration, and attend rehearsals and classes in preparation for performances. DHSDT.PR.2.C
- d Exhibit initiative in modeling appropriate behaviors and skills as an audience member and dance observer, and understand the role of an arts patron. DHSDT.PR.2.D

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**3 Recognize concepts of anatomy and kinesiology in movement.** DHSDT.PR.3

- a Understand major muscles involved in external rotation (turn-out), and important related alignment principles involved in its proper execution. DHSDT.PR.3.A
- b Recognize that proper alignment facilitates efficiency of movement. DHSDT.PR.3.B
- c Understand imagery (ideokinesis) and its ability to increase efficiency of movement. DHSDT.PR.3.C
- d Identify basic principles of injury prevention for dance. DHSDT.PR.3.D

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**4 Understand and apply music concepts to dance.** DHSDT.PR.4

- a Investigate syncopation, polyrhythms counterpoint, and call-response within instructed and created dance phrases. DHSDT.PR.4.A
- b Phrase movements artistically, aesthetically, and musically. DHSDT.PR.4.B

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**Responding**

**1 Demonstrate critical and creative thinking in all aspects of dance.** DHSDT.RE.1

- a Critique movement qualities and choreography using the elements of dance (e.g. spatial design, variety, contrast, clear structure). DHSDT.RE.1.A
- b Observe and formulate opinions about the quality of dances on the basis of established criteria. DHSDT.RE.1.B
- c Engage in self-reflection and self-assessment as creator and performer. DHSDT.RE.1.C

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**Connecting**

**1 Understand and demonstrate dance throughout history in regard to theater production.** DHSDT.CN.1

- a Describe the similarities and differences in dance movements from various theater productions. DHSDT.CN.1.A
- b Describe how other arts disciplines are integrated into dance performances. DHSDT.CN.1.B

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**2 Recognize connections between dance and wellness.** DHSDT.CN.2

- a Explain how health and nutrition enhance dance ability. DHSDT.CN.2.A
- b Define the elements of personal safety in dance. DHSDT.CN.2.B
- c Demonstrate respect for personal well-being and the well-being of others. DHSDT.CN.2.C
- d Describe how dance builds physical and emotional well-being (e.g. positive body imaging, physical goals, creative goals, focus/concentration). DHSDT.CN.2.D

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**3 Demonstrate an understanding of dance as it relates to other areas of knowledge.** DHSDT.CN.3

- a Identify and explore various dance genres and innovations throughout historical time periods. DHSDT.CN.3.A
- b Use a variety of resources to investigate dance genres. DHSDT.CN.3.B
- c Explore the use of media and technology to communicate about and create dance. DHSDT.CN.3.C
- d Explore media and technological tools to enhance dance performance (e.g. lighting, sound). DHSDT.CN.3.D