

# Dance: Grade 5

Adopted 2007

Identifying and demonstrating movement elements and skills in performing arts

- 1.1 Perform axial movements (e.g., bend, stretch, twist, turn, swing, collapse)
- 1.2 Demonstrate accuracy in moving to a musical beat and responding to changes in tempo
- 1.3 Demonstrate eight basic locomotor movements (e.g., walk, run, hop, jump, leap, gallop, slide, skip) traveling forward, backward, sideward, diagonally, turning
- 1.4 Transfer rhythmic patterns from the aural to the kinesthetic
- 1.5 Explain and execute the underlying principles of movement skill (e.g., alignment, balance, initiation of movement, articulation of isolated body parts, weight shift, elevation and landing, fall and recovery)
- 1.6 Execute basic movement phrases individually and in a group
- 1.7 Transfer spatial patterns from the visual to the kinesthetic
- 1.8 Memorize and reproduce extended movement sequences
- 1.9 Execute techniques from different genres/styles (e.g. ballet, modern dance, jazz, tap, multi-cultural)
- 1.10 Explore the element of time (e.g., syncopation, pauses, meter, tempo) in movement phrases
- 1.11 Demonstrate the ability to remember extended movement sequences
- 1.12 Identify and apply longer and more complex sequences from different genres/styles (e.g., ballet, modern dance, jazz, tap, multi-cultural)
- 1.13 Demonstrate appropriate skeletal alignment, body part articulation, strength, flexibility, agility and coordination in locomotor and axial movements
- 1.14 Refine technique through selfevaluation and correction

Understanding choreographic principles, processes and structures

- 2.1 Demonstrate basic partner skills (e.g., copying, leading and following, mirroring)

- 
- 2.2** Improvise, create and perform dances based on original ideas and concepts from other sources

---

  - 2.3** Use improvisation to generate movement for choreography

---

  - 2.4** Create and identify the sequential parts of a dance phrase (e.g., beginning, middle, and end)

---

  - 2.5** Demonstrate structures or forms (e.g., AB, ABA, canon, call and response, narrative, palindrome, theme and variation, rondo, round, contemporary forms) through brief dance studies

---

  - 2.6** Create and perform a phrase utilizing compositional elements (e.g., space, time, force/energy)

---

  - 2.7** Work alone, with a partner and in a small group during the choreographic process

---

  - 2.8** Initiate dance composition using improvisational skills

---

  - 2.9** Communicate emotional themes through dance

---

  - 2.10** Create and perform movement phrases while connecting to other disciplines (e.g., sound, music, and spoken text)

---

  - 2.11** Demonstrate clarity, musicality and stylistic nuance while performing dance compositions

---

  - 2.12** Create and identify transitions within and between movement phrases
- 

**Understanding dance as a way to create and communicate meaning**

- 3.1** Take an active role in a class discussion about interpretations of and reactions to a dance

---

  - 3.2** Observe and explain how different accompaniment (such as sound, music, spoken text) can affect the meaning of a dance

---

  - 3.3** Demonstrate and/or explain how lighting and costuming can contribute to the meaning of a dance

---

  - 3.4** Demonstrate the difference between pantomiming and abstracting a gesture

---

  - 3.5** Create a dance that effectively communicates a contemporary social theme

---

  - 3.6** Compare and contrast how meaning is communicated in two personally choreographed works

---

  - 3.7** Formulate and answer questions about how movement choices communicate abstract ideas in dance

---

  - 3.8** Relate how personal experience influences the interpretation of a dance
-

**Applying and demonstrating critical and creative thinking skills in dance**

- 4.1** Demonstrate appropriate audience behavior in watching dance performances; discuss their opinions about the dances with their peers in a supportive and constructive way

---

- 4.2** Discuss how skills developed in dance are applicable to a variety of careers

---

- 4.3** Observe and discuss how dance is different from other forms of human movement (e.g., sports, everyday gestures)

---

- 4.4** Observe two dances and discuss (compare and contrast) how they are similar and different in terms of one of the compositional elements (e.g., space, time, force/energy)

---

- 4.5** Explore, discover and realize multiple solutions to a given movement problem; choose their favorite solution and discuss the reasons for that choice

---

- 4.6** Create a movement problem and demonstrate multiple solutions; choose the most interesting solutions and discuss the reasons for their choice

---

- 4.7** Create a dance and revise it over time, articulating the reasons for their artistic decisions and what was lost and gained by those decisions

---

- 4.8** Describe how a choreographer manipulates and develops the basic movement content in a dance

---

- 4.9** Identify possible aesthetic criteria for evaluating dance (such as skill of performers, originality, visual and/or emotional impact, variety and contrast)

---

- 4.10** Analyze the style of a choreographer or cultural form; then create a dance in that style

---

- 4.11** Analyze issues of ethnicity, gender, social/economic class, age and/or physical condition in relation to dance

---

- 4.12** Establish a set of aesthetic criteria and apply it in evaluating their own work and that of others

**Demonstrating and understanding dance in various cultures and historical periods**

- 5.1** Perform folk dances from various cultures

---

- 5.2** Perform a broad spectrum of American historical folk, social and/or theatrical dances

---

- 5.3** Compare and contrast dance steps and movement styles from a variety of cultures

---

- 5.4** Analyze the historical traditions and evolution of dance genres/styles (e.g., Ballet, modern, multicultural, jazz)

---

- 5.5** Reflect on dance in a particular culture and time period

---

**5.6 Describe the role of dance in at least two different cultures or time**

---

**5.7 Analyze and evaluate how dance and dancers are portrayed in contemporary media**

---

**5.8 Reflect on dance in a particular culture and time period**

---

**5.9 Describe the role of dance in at least two different cultures or time**

---

**Making connections between dance and healthful living**

**6.1 Explain how healthy practices (such as nutrition, safety) enhance ability to dance, citing multiple examples**

---

**6.2 Set goals to improve student performance capabilities as dancers and specify steps taken to reach those goals**

---

**6.3 Explore barriers that impede progress and personal growth in dance**

---

**6.4 Discuss challenges facing professional performers in maintaining healthy lifestyles**

---

**6.5 Explain strategies to prevent dance injuries**

---

**Making connections between dance and other disciplines**

**7.1 Respond to a dance using another art form; explain the connections between the dance and their response to it (such as stating how their paintings reflect the dance they saw)**

---

**7.2 Create a dance project that reveals understanding of a concept or idea from another discipline (e.g., poetry, physics, geometry)**

---

**7.3 Create a project that reveals similarities and differences between the arts**

---

**7.4 Observe dance, both live and recorded on video; compare and contrast the aesthetic impact of the two observations through writing**

---

**7.5 Compare and contrast examples of concepts used in dance and another discipline outside the arts (such as balance, shape, pattern)**

---

**7.6 Create an interdisciplinary project based on a theme identified by the student, including dance and two other disciplines**

---

**7.7 Compare one choreographic work to one other art work from the same culture and time period in terms of how those works reflect the artistic/cultural/historical context**

---

**7.8 Demonstrate/discuss how technology can be used to reinforce, enhance, or alter the dance idea in an interdisciplinary project**

---