Colorado Arts

Dance: Exemplary

Movement, Technique, and Performance DA.EX.1

1 **Demonstrate dance technique, vocabulary, and skill in various styles with proficiency and artistic expression.** DA.EX.1.1

a Use the broadest range of movement and vocabulary possible for artistic and expressive clarity. DA.EX.1.1.A

b Demonstrate phrasing with and without musical accompaniment using multiple and complex rhythms or sounds. DA.EX.1.1.B

c Confidently perform alone and with others to establish intentional relationships with dancers and the environment. DA.EX.1.1.C

2 **Apply and evaluate kinesthetic awareness to create healthful practices in dance.** DA.EX.1.2

a Research healthful strategies essential for dancers and modify personal practice based on findings. DA.EX.1.2.A

b Investigate how kinesthetic principles and various body systems, such as muscles and bones, relate to the dancing body. DA.EX.1.2.B

c Maintain optimal alignment and adjust the placement and shifting energy of the body while traveling through space. DA.EX.1.2.C

d Develop personal conditioning practices, using different body conditioning techniques, that improve range of motion, muscular flexibility, strength, and endurance to enhance performance. DA.EX.1.2.D

e Apply body-mind principles to technical dance skills in complex movement. DA.EX.1.2.E

3 **Create and implement production strategies that correlate with performance intention.** DA.EX.1.3

a Analyze and re-evaluate personal goals to enhance performance strategies and practices. DA.EX.1.3.A

b Create designs for the production of a performance while selecting and executing the ideas that would intensify and heighten the intent of the dances. DA.EX.1.3.B

c Demonstrate leadership qualities (for example commitment, dependability, responsibility, and cooperation) when preparing for performances. DA.EX.1.3.C

d Model performance etiquette and performance practices during class, rehearsal, and performance. DA.EX.1.3.D

Create, Compose, and Choreograph DA.EX.2

1. **Apply and analyze movement to explore personal preferences and possibilities through improvisation.** DA.EX.2.1
   - a Use improvisation tools to develop new pathways to creating and communicating. DA.EX.2.1.A
   - b Apply advanced improvisational skills and techniques. DA.EX.2.1.B
   - c Evaluate and refine personal preferences and possibilities for movement. DA.EX.2.1.C
   - d Adapt ideas to fit the needs of their group and community. DA.EX.2.1.D
2. **Demonstrate fluency in creative processes both independently and with a group.** DA.EX.2.2
   - a Refine and transform choreography collaboratively or independently based on artistic criteria, self-reflection, and the feedback of others. DA.EX.2.2.A
   - b Develop creative process strategies that consider complex relationships of movement components and/or diverse choreographic sources for a dance composition. DA.EX.2.2.B
   - c Analyze, evaluate, and synthesize the impact of choices made during the revision process to deepen the intention of the choreography. DA.EX.2.2.C

Historical and Cultural Context DA.EX.3

1. **Compose, perform, and critique dance works that are era or culturally specific.** DA.EX.3.1
   - a Discuss, embody, and describe dance technique and movement vocabulary specific to a culture. DA.EX.3.1.A
   - b Recognize one's own cultural, personal, and historical biases when analyzing dance from a culture different from one's own. DA.EX.3.1.B
   - c Identify commonalities and differences in dance technique and vocabulary across cultures. DA.EX.3.1.C
   - d Create a dance using historically and culturally specific movements. DA.EX.3.1.D
2. **Draw connections between cultures and eras through dance research.** DA.EX.3.2
   - a Compare and synthesize contrasting viewpoints and identify the tensions between them. DA.EX.3.2.A
   - b Analyze dance as a reflection of culture and society. DA.EX.3.2.B

Reflect, Connect, and Respond DA.EX.4

1. **Critique, analyze, reflect upon, and understand dance using applicable technique and vocabulary.** DA.EX.4.1
   - a Analyze dances using appropriate language of movement, technical terminology, and critical response. DA.EX.4.1.A
   - b Articulate personal connections to a dance. DA.EX.4.1.B
   - c Critique the structure, technique, and choreographic intent of a dance. DA.EX.4.1.C

2 **Analyze and demonstrate the connections between other art forms, school subjects, professions, and community roles with dance.** DA.EX.4.2

a Analyze and synthesize the use of school subjects such as music, visual art, language arts, math, science, and others and in dance. DA.EX.4.2.A

b Discover and analyze career opportunities integrating dance with the surrounding communities. DA.EX.4.2.B

c Demonstrate and articulate how communities and dance impact each other DA.EX.4.2.C