

# Career Development: Grades 7-8 (2022)

## Develop a Self-Awareness Evaluation. 1

### 1 Develop Self-Awareness. 1.1

- 1 Identify interests (likes, dislikes, strengths, weaknesses, wants, and needs) and examine how that will affect choosing a career. 1.1.1
- 2 Evaluate how self-concept, self-esteem, and attitude could affect educational achievement. 1.1.2
- 3 Identify values and the effect they have in choosing a career. 1.1.3
- 4 Identify lifestyle preference and write steps to achieve that lifestyle. 1.1.4
- 5 Recognize different personality types and the effect of different types working in the same environment. 1.1.5
- 6 Identify how an individual's school experience connects to an individual's future success. 1.1.6
- 7 Develop the essential/soft skills and abilities needed to be successful in a career. (i.e. being on time; listening; knowing when to ask questions; understanding role on team; following directions; work ethic; good attitude; the ability to be coached; taking responsibility for one's own actions and choices; interacting with management. 1.1.7
- 8 Define emotional intelligence. Distinguish ways to handle positive and negative emotions. 1.1.8

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### 2 Identify Personal Ability. 1.2

- 1 Catalogue successes and failures and then evaluate how to improve. 1.2.1
- 2 Identify how choices effect future education and career plans. 1.2.2
- 3 Explain the value of doing work well and creating opportunities for development and success in school and career. 1.2.3
- 4 Demonstrate how pride in your work produces personal satisfaction and success. 1.2.4

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### 3 Evaluate Appropriate Work Behavior. 1.3

- 1 Evaluate the rewards/consequences of behavior towards others. 1.3.1
  - 2 Discover and interpret ways to earn respect. 1.3.2
  - 3 Explain how respect plays a positive role in interacting with diverse groups essential to achieving success. 1.3.3
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## Understand Career Information and Employment Trends. 2

### 1 Explore Career Fields, Clusters, and Pathways. 2.1

- 1 Differentiate between the Arkansas Career fields and the career clusters associated with each field. 2.1.1
  - 2 Research and discuss the sixteen (16) Career Clusters using various sources of information. 2.1.2
  - 3 Analyze pertinent facts that pertain to job growth and career opportunities in the pathways. 2.1.3
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### 2 Explain Transferrable Skills. 2.2

- 1 Describe the transferable skills needed when transitioning between careers and/or jobs. 2.2.1
  - 2 Compare and contrast skills necessary for specific careers. 2.2.2
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### 3 Research Employment Trends. 2.3

- 1 Demonstrate understanding of the changing workplace due to the global economy and improvements in technology. 2.3.1
  - 2 Identify types of work schedules--self-employed (entrepreneur), part-time, full-time, temporary, seasonal, volunteer, flextime, and rotational. 2.3.2
  - 3 Identify the advantages and disadvantages of being employed in a non-traditional occupation. 2.3.3
  - 4 Identify job benefits and forms of income. 2.3.4
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## Understand Career Decision-Making Skills. 3

### 1 Demonstrate the Decision-Making Process. 3.1

- 1 Identify steps in a decision-making process. 3.1.1
  - 2 Demonstrate the use of a decision-making model in a personal career plan. 3.1.2
  - 3 Recognize that decision-making often involves conflicts and compromise. 3.1.3
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### 2 Demonstrate Setting Goals. 3.2

- 1 Describe the structure of setting short, medium, and long-term goals. 3.2.1
  - 2 Define goals. 3.2.2
  - 3 Identify resources needed to meet personal goals. 3.2.3
  - 4 Describe how personal values affect decisions due to conflicting demands. 3.2.4
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### 3 Explore Career Decision-Making Process. 3.3

- 1 Compare and contrast postsecondary options leading to a career goal. 3.3.1
  - 2 Identify the advantages and disadvantages of decisions when determining a tentative career goal. 3.3.2
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## Understand High School and Career Planning Skills. 4

### 1 Explore Career Planning. 4.1

- 1 Explain how career planning is a lifelong process beginning early in life. 4.1.1
  - 2 Explain how career planning can save time, energy and money. 4.1.2
  - 3 Explore the education and training requirements to meet certain job qualifications. 4.1.3
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### 2 Develop an Education and Training Plan. 4.2

- 1 Identify education requirements for graduation. 4.2.1
  - 2 Identify training requirements or extended learning opportunities for entrance into the workforce for a chosen career focus. 4.2.2
  - 3 Identify viable pathways of study with postsecondary education and training opportunities for a chosen career focus. 4.2.3
  - 4 Demonstrate understanding of employment requirements concerning degrees, certifications, licenses, diplomas, experience, and job skills. 4.2.4
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### 3 Develop a Career Development Portfolio. 4.3

- 1 Describe the components of a career portfolio. 4.3.1
  - 2 Create a career portfolio. 4.3.2
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### 4 Identify Employment Factors. 4.4

- 1 Determine opportunity cost over a lifespan for achieving a personal career goal. 4.4.1
  - 2 Explain how distracters and barriers can hinder an individual from completing plans. 4.4.2
  - 3 Assess the relative income and benefits of a future career goal with respect to personal goals and lifestyles. 4.4.3
  - 4 Identify economic conditions that may affect career plans. 4.4.4
  - 5 Identify the advantages and challenges of self-employment. 4.4.5
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## Understand Career Readiness Skills. 5

### 1 Identify Employability Skills. 5.1

- 1 Identify employment preparation activities (job application, resume, cover letter, follow-up letter.) 5.1.1
- 2 Identify human resources requirements for employment such as drug testing and credit checks. 5.1.2
- 3 Recognize appropriate professional technology etiquette, i.e. social media. 5.1.3
- 4 Avoid projecting a negative social media image. 5.1.4
- 5 Describe and/or participate in job shadowing, mentoring, co-op, or internship. 5.1.5
- 6 Identify job search strategies and resources for finding job openings. 5.1.6

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## **2 Demonstrate Personal Skills.** 5.2

- 1 Describe the importance of earning an income and managing personal finances. 5.2.1
- 2 Explain the value of volunteering to gain experience, develop work relationships, including seeking mentorship, and obtain recommendations for jobs. 5.2.2
- 3 Identify leadership qualities and managerial skills, i.e. being a team player, showing eagerness for lifelong learning. 5.2.3