

# Teen Connections

Describe how physical, social, emotional, and intellectual changes that occur during adolescence affect self-esteem and self-concept.

**1** Describe how physical, social, emotional, and intellectual changes that occur during adolescence affect self-esteem and self-concept.

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Analyze interpersonal skills needed by teenagers for success in the home, school, and community, including respecting self and others, resolving conflict, responding to peer pressure, and communicating with others.

**2** Analyze interpersonal skills needed by teenagers for success in the home, school, and community, including respecting self and others, resolving conflict, responding to peer pressure, and communicating with others.

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Explain the impact of values, goals, and decision making on teenagers.

**3** Explain the impact of values, goals, and decision making on teenagers.

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Demonstrate socially acceptable behavior of teenagers, including practicing manners, etiquette, and grooming habits.

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Identify various family structures. Examples: nuclear, blended, extended, single-parent • Recognizing how individual roles and responsibilities in the home contribute to the family's well-being • Describing changes and

**5** Identify various family structures. Examples: nuclear, blended, extended, single-parent • Recognizing how individual roles and responsibilities in the home contribute to the family's well-being • Describing changes and challenges faced throughout the family life cycle

**challenges faced throughout the family life cycle**

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**Describe the importance of teens' developing time management skills.**

**6 Describe the importance of teens' developing time management skills.**

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**Evaluate the relationship among nutrition, exercise, and rest in maintaining wellness. • Identifying health hazards susceptible to teens • Identifying safe methods for teens to maintain an optimum weight**

**7 Evaluate the relationship among nutrition, exercise, and rest in maintaining wellness. • Identifying health hazards susceptible to teens • Identifying safe methods for teens to maintain an optimum weight**

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**Demonstrate the ability to select, store, prepare, and serve nutritious foods. • Exhibiting safe and correct use of kitchen equipment • Applying safety and sanitation procedures in food preparation • Utilizing guidelines for table setting**

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**Explain the importance of money management for teens. • Creating a budget for teen expenditures and savings**

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**Critique factors that influence individual and teen consumer decisions, including needs and wants, budget limitations, and quality of products. • Describing store policies affecting teen**

**10 Critique factors that influence individual and teen consumer decisions, including needs and wants, budget limitations, and quality of products. • Describing store policies affecting teen consumers • Explaining ways to resolve teen consumer problems**

consumers • Explaining ways to resolve teen consumer problems

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Describe strategies for comparison shopping among teens.

**11** Describe strategies for comparison shopping among teens.

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Describe influences of style, fads, and fashion trends in clothing selection of teenagers.

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Demonstrate basic sewing construction skills to complete a project. • Utilizing sewing equipment in a safe and correct manner

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Explain ways to maintain and care for clothing. • Demonstrating simple clothing repairs

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Compare stages of child development. • Identifying age-appropriate child care skills • Developing a list of responsibilities for a caregiver • Analyzing ways to guide the behavior of children

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Explain ways to handle emergencies, including first aid techniques for children.

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Demonstrate methods to maintain a clean home. • Identifying home sanitation, safety, and security practices • Developing a first aid,

**17** Demonstrate methods to maintain a clean home. • Identifying home sanitation, safety, and security practices • Developing a first aid, fire, and weather home-safety plan

**fire, and weather home-safety plan**

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**Demonstrate strategies used for the selection and arrangement of furniture and accessories in a teenager's living space.**

**18 Demonstrate strategies used for the selection and arrangement of furniture and accessories in a teenager's living space.**

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**Describe the impact of technology on individuals and families.**

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**Describe career skills needed for the workplace, including time management and teamwork. Examples: interview skills, completion of job applications**

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